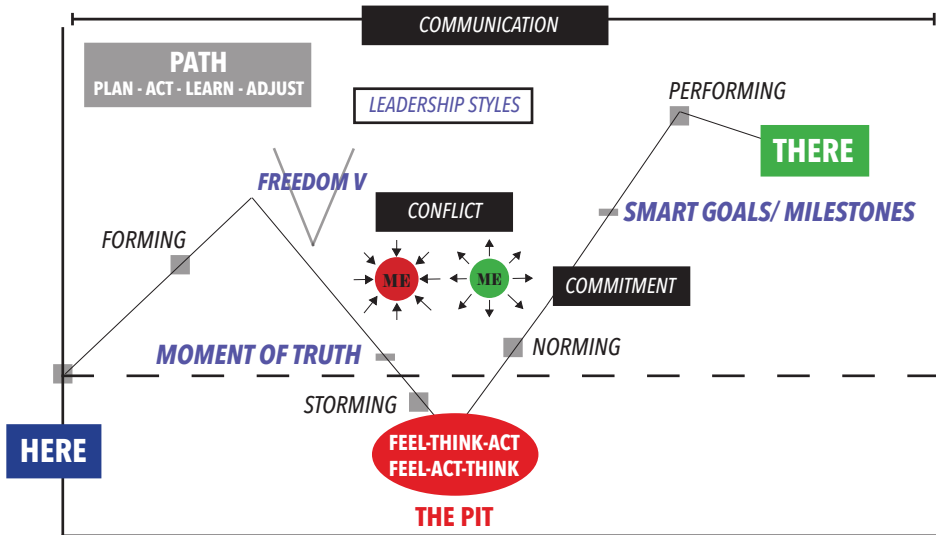


# TYING IT ALL TOGETHER

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All of these tools work well on their own, but work best in conjunction with each other.



- ❑ *The framework of life is **THERE-HERE-PATH***
  - We have to have clarity of **THERE**
  - Truthful understanding of **HERE**
  - Commitment for the **PATH**
    - We must **Plan-Act-Learn-Adjust** along the way
- ❑ *We define leadership as "**Influencing** others to get **THERE**"*
- ❑ *We use the **Communication Model** to help others gain clarity of our **THERE** and our **HERE***
- ❑ *We have the five **Types of Influence** which help us to lead others along the **PATH***
- ❑ *We deliver influence through the five **Leadership Styles**, guiding others toward **Self-Governance***
- ❑ *The **PATH** takes the shape of the **Project Mood Curve***
  - It connects our **HERE** to our **THERE**
  - Every step we take along the **PATH** changes our **HERE**
  - We need milestones along the **PATH** to keep us moving toward the **THERE**
    - These milestones should be **SMART Goals**
    - They can be our **pillars** or our **values**, but they must be tangible
    - These **goals** will help us to form habits through continued use of our **System 2**

- Understanding the reality of **The Pit** helps us to recognize it as part of learning and progression instead of failure
- The **Freedom V** is the vehicle we use as we move along the **PATH**
  - Boundaries and consequences ensure we are operating within the defined expectations to achieve our **Goals**
- This is where **Moment of Truth** and **Conflict** usually come into play
  - We use **communication** to clarify expectations when someone goes outside of the **Freedom V**
  - We usually experience the most intense emotions in the Pit and during **Conflict**
  - We deal with our emotions through either **feel-act-think** or **feel-think-act**
    - Engaging our **System 2** helps to create a healthier **System 1**, where we respond instead of react
- The **Two Circles** is an opportunity to own our choices on the path, but can be most apparent within the Pit
  - If we are in the **Freedom Circle** we will look at the Pit as an opportunity as opposed to an obstacle
  - If we are in the Victim Circle we will look at the Pit as an obstacle and will allow our **feel-act-think** to drive us