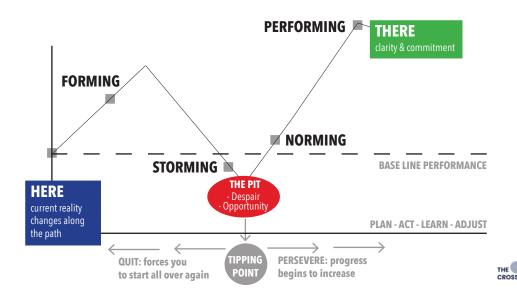
PROJECT MOOD CURVE

A TOOL FOR ENCOURAGING PERSEVERANCE & PERSPECTIVE



FORMING

- Expectations
 - High Hopes
 - The Honeymoon Phase

STORMING

- Realization of difficulty Gap between expectation and reality
- Conflict
 Familiarity is developed through the struggle
- Two choices present themselves: *Persevere or Quit*
- An MOT is required to determine best course of action
- Individuals begin taking ownership and responsibility
- Team members work through idea sharing

NORMING

- Conflict resolution
- Culture of the team begins to take shape
- Norms and roles are established
- Culture is set and understood
- · Team members have autonomy within their roles
- Connection, intimacy, mutual understanding

QUITTING

PERFORMING

- A lack of commitment or clarity often leads to prematurely giving up
- When you quit you will start another project and the curve will start all over again
- Quitting is not always the wrong choice it invites us to reorient effort toward a better objective
- In "The Pit", despair or opportunity is a matter of choice. Quitting might be viewed
 as an opportunity to reset and start a better objective. Or it might be viewed as
 failure, together with a decision that we are worthless and should not try anything
 else

